

## **MOST NEEDED HANDMADE ITEMS**

**NB - all items must be machine washable**  
**Please do not work or handle items while you have an infectious illness**

### **WOMEN**

Hats, scarves, cowls, gloves and fingerless mittens. Ideally they should be warm, simple patterns (not frilly or lacy) and some in colours suitable for homeless women

### **ELDERLY WOMEN**

Cardigans, bed jackets, bed socks, leg warmers and twiddle muffs\*\*

### **MEN**

Jumpers - especially sleeveless, hats with no pompoms, gloves/fingerless mittens, scarves and balaclavas all in dark colours and patterns suitable for homeless men

### **ELDERLY MEN**

Cardigans, sleeveless jumpers, bed socks and twiddle muffs\*\*

### **KNEE BLANKETS**

To be NO SMALLER than 3' x 3' (90cm x 90cm) and no bigger than 3' x 4' (90cm x 120cm) or they become a trip hazard

### **BED BLANKETS AND QUILTS**

Ideal size of about 4' x 5' minimum (120cm x 150cm)

\*\* Twiddle muffs – are brightly and imaginatively decorated muffs especially for use by dementia patients.  
<https://www.ouh.nhs.uk/patient-guide/documents/twiddle-muffs.pdf>

### **BABIES and CHILDREN** (up to about 10)

Baby shawls, cardigans (NOT matinee jackets), jumpers, hats and gloves/mittens and scarves

### **BUGGY/PRAM BLANKETS**

About 2' x 3' (90cm x 60cm)

**Please make sure that the neck openings of jumpers are large enough and/or have button openings**

**Please note that when we have more hand knitted, sewn or crocheted items than we are able to distribute, particularly babies' and children's, some items will be sold at Guild events to help raise much needed funds for the purchasing of other items of clothing and bedding such as underwear, warm clothing and sleeping bags**



### NEONATAL UNITS - MOST NEEDED ITEMS

NB - all items must be MACHINE WASHABLE AT 40 C

Octos must be cotton and washable at 60 C

Please do not work or handle items while you have an infectious illness

**PREMATURE BABIES** (1.3-1.8kg/ 3-4lbs) - we provide mainly for 5 hospital neonatal units

**WOOLLEN HATS** - NO RIBBONS or TIES please

**MITTEN AND BOOTEE SETS** - some with hats, 'newborn' size or 'tiny' size

### JERSEY COTTON HATS, SOCKS AND MITTENS

**V NECKED CARDIGANS ONLY** - 12", 14" and 16" (30cm, 35cm and 40cm) in 4ply or DK. Please, NO holey patterns to trap little fingers; sleeves: please cast on fairly loosely to get the baby's arm through easily

**INCUBATOR BLANKETS IN PASTEL OR BRIGHT COLOURS** - all sizes will be used – from:

A4 (8.5" x 11") minimum size for very tiny babies - NB NO SMALLER than A4

\*\* 16" x 32" (40cm x 80cm)

\*\* 14" x 18" (35cm x 45cm)

20" x 24" (50cm x 60cm)

20" (50cm) square

Tiny blankets: <https://www.knitpicks.com/patterns/free-dishcloth-patterns/c/300256>

Please adjust pattern to at least the minimum size required

**PADDED QUILTS** - 18" x 18" (45cm x 45cm) highly desired by St Thomas', loose back or sewn through near the edge. Babies are laid on them, so these need to be very smooth

14" x 18" (35cm x 45cm) and 14" x 20" (35cm x 50cm) in Christmas and other patterns preferably with baby material on one side

**QUILTS AS INCUBATOR SHADES** - not bigger than 35" x 35" (87.5cm x 87.5cm), neutral or pastel lining

\*\* **OCTO'S** - for babies to grip, these remind them of the umbilical cord which they hold in the womb, this relaxes them and helps improve their breathing. Hospitals cannot get enough. No painted-on faces or buttons, must be cotton and washable at 60C please. Octo pattern: <https://www.spruttegruppen.dk/recipes>

Please contact Elizabeth Carver if you have any queries: [elizcarver@btinternet.com](mailto:elizcarver@btinternet.com)

\*\* MOST NEEDED ITEMS

